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The Living Matrix

FORCE FIELD ANALYSIS FOR

Arnold Schwarzenegger

30.07.1947, 04:10 h UTC+1 (+1DST)

Österreich, Graz

presented by:

Your Name

**FORCE FIELD**

30.07.1947, 04:10 h UTC+1 (+1DST), Österreich, Graz

**Type: SPECIALIST [MANIFESTING GENERATOR]**

Energy Mode: Satisfying and effective use of one's own creative power  
 Force Field Characteristic: open to self-sustained

**Alpha (2)**

Profile: 5/1 Wise Authority "SAVIOR"  
 Single Definition

UNCONSCIOUS POTENTIALS

- S ▲ 24<sup>1</sup> Introspection
- E ▲ 44<sup>1</sup> Collaboration
- NN 20<sup>3</sup> Presentness
- SN 34<sup>3</sup> Strength
- Mo 29<sup>1</sup> Commitment
- Me 51<sup>6</sup> Courage
- V 17<sup>2</sup> Opinions
- Ma 21<sup>5</sup> Authority
- J ▲ 14<sup>1</sup> Capacity
- Sa ▲ 31<sup>1</sup> Influence
- U ▼ 45<sup>3</sup> Accumulation
- N 18<sup>6</sup> Judgement
- P ▲ 33<sup>4</sup> Prudence

STAGES OF LIFE:

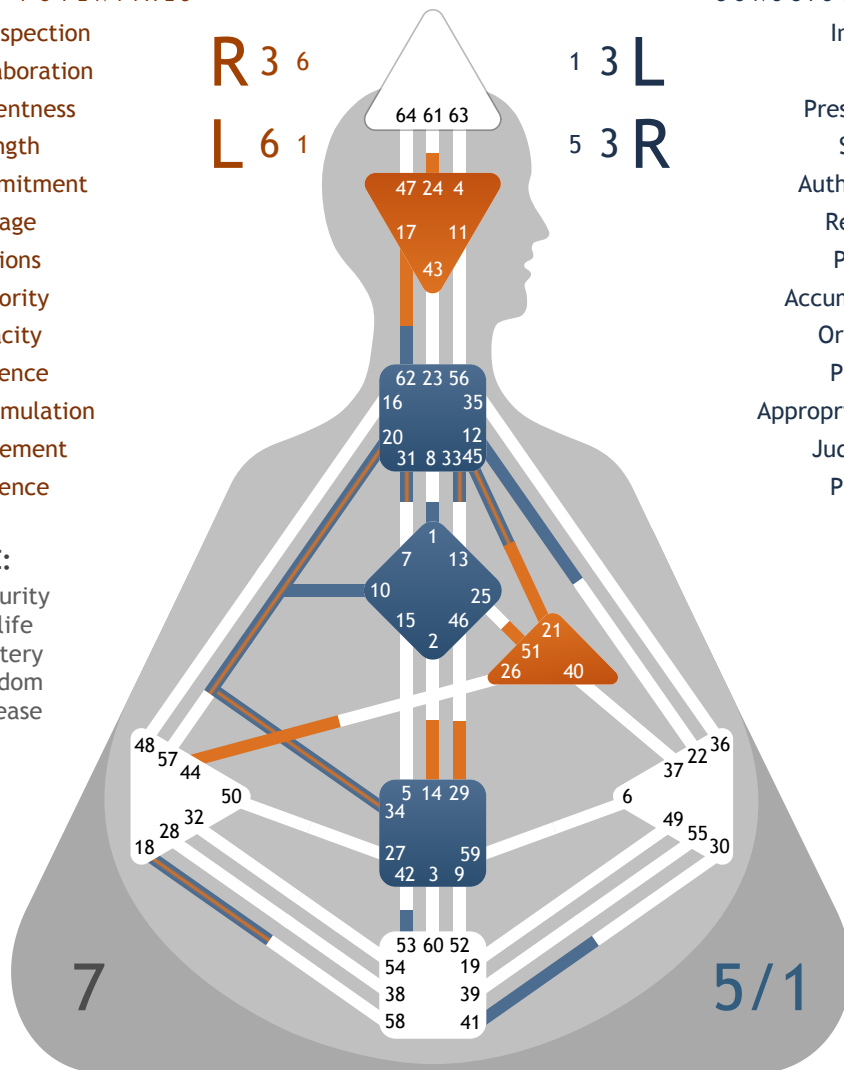
- 08. Sep 1976 Maturity
- 16. Jan 1987 Midlife
- 27. Sep 1997 Mastery
- 12. Jul 2006 Wisdom
- 09. Jul 2031 Release

CONSCIOUS POTENTIALS

- Influence 31<sup>5</sup> ☉
- Hope 41<sup>5</sup> ⊕
- Presentness ▼ 20<sup>1</sup> ♀
- Strength 34<sup>1</sup> ♀
- Authenticity 10<sup>6</sup> ☾
- Readiness 53<sup>4</sup> ♀
- Precision 62<sup>6</sup> ♀
- Accumulation ▼ 45<sup>4</sup> ♂
- Originality 1<sup>6</sup> ♀
- Prudence ▲ 33<sup>5</sup> ♀
- Appropriateness 12<sup>2</sup> ♂
- Judgement 18<sup>5</sup> ♀
- Prudence 33<sup>6</sup> ♀

LINES:

- 6 2 4 6
- 5 1 4 5
- 4 1 2 3
- 3 3 0 3
- 2 1 1 2
- 1 5 2 7



**AUTHENTIC ROLES**

PERSUADER - ORGANIZER - ALLOCATOR - PERSON OF ACTION - EXISTENTIALIST

## BASIC TYPOLOGY

64keys distinguishes between five basic types. For each type life unfolds in a different way, while each type has its very own strengths and weaknesses. The following description of the type you belong to mainly refers to the best possible way for you to unfold when cooperating with others.

### "SPECIALIST"

#### CHARACTERISTIC

Being a Specialist, I possess readily available life force energy that wants to unfold in its own special manner. For me, it is part of a life worth living to be busy and use my life force in a very special way, no matter if for work or recreational activities. My life's energy needs some kind of occupation; it wants to be used. I am capable of working very independently, as long as the work meets the qualities I feel specialized for. On principle, a Specialist's Force Field is open, yet it can appear to be self-contained when I am fully absorbed in what I do.

#### STRENGTHS

One of the greatest strengths of a Specialist is their capability to put things into practice independently, powerfully and with great speed. It is important for me to understand that life and thus life's energy always unfold as a response to the environment. Much like a plant's life force responds to light and other kinds of environmental conditions, my life force reacts, too, and thereby knows exactly whether or not my energy wants to be spent on a certain demand or issue. In other words, highly intelligent answers to all possible questions are already built into my body. Once I learn how to follow my life force and listen to what I am actually ready to use my energy for, my life will unfold with ease and to my utmost satisfaction.

#### WEAKNESSES

Life force wants to be used, to be transformed. My life force does not want to sit around doing nothing. Still, there is not always a satisfying opportunity for it to be used. For that reason, I can tend to apply my life force somewhat unselectively. Maybe I spend my time doing things that do not satisfy me at all. Maybe I allow myself to be lured into doing things or be ordered to do something that prevents my specialized generating powers from unfolding properly. It is one of my biggest weaknesses to dedicate my life force to activities I am not satisfied with. Be it for reasons of social pressure or the belief that I have to prove something to someone. It is one of the Specialist's weaknesses not to be available for others when they are busy generating. Also, I can grow very impatient with others, as I expect them to have the same high generating speed as I do. Owing to that speed I frequently miss details that I have to make up for at a later stage. This can be very tiresome and annoying for me.

#### ADVICE

For me, it is ideal to listen to my life force attentively. I want to be asked. I should only invest my energy, if I really feel disposed to do or realize that very thing I'm being asked for. Whenever possible, I should avoid making decisions in my head, because the energy has to act out of my body. The mind is simply a valuable resource that makes my actions intelligent and efficient. But the mind does not supply energy, and therefore should not be the most important decision-making authority. I know that it is not good for me to initiate things or make too many plans. I should be open to respond to life at any time. It is this kind of response that reveals the real treasure of my body's intelligence. Whenever I feel powerless and exhausted, I know that in this moment I am devoting my energy to something that is not suitable for me. I am, so to speak, abusing my life force which then refuses to serve.

#### SOME PROMINENT REPRESENTATIVES OF YOUR TYPE

Tina Turner, Arnold Schwarzenegger, Martin Luther King, Michael Jordan, Cristiano Ronaldo, Muhammad Ali, David Bowie, David Copperfield, Harrison Ford, Whitney Houston, Angelina Jolie, Prince, Henry Ford, Sean Connery, Hillary Clinton, Miley Cyrus, Cameron Diaz, Audrey Hepburn.

## CENTERS / FUNCTIONS

There are nine centers in every Force Field. Each center has a certain function and can either be open (white) or defined (coloured). Mind you, open or defined does not mean better or worse. An open center has different potentials than a defined one, and of course for each potential there is also a shadow. The following analysis provides you with an overview of which of your centers are open (perceiving) and which are defined (impacting). Your opportunity for development lies in moving out of the shadow mode to fulfilling the potential. Depending on whether a center's colour is orange or blue, it is either unconsciously (orange) or consciously (blue) defined.

### My INSPIRATION CENTER is OPEN

#### POTENTIAL

My open Inspiration Center has the potential to find out exactly which issues other people are mentally dealing with. When I am sensitive to the mental pressure of others, I am good at finding answers to their questions. In doing so I ought to distinguish whether or not those questions are relevant to me. If they are not, I can easily switch off and live without mental pressure.

#### SHADOW

*My open Inspiration Center runs the risk of dealing with all questions arising in my environment, even if those questions have nothing to do with my own life. I sometimes experience huge mental pressure when others are searching for answers to questions. If I allow myself to be influenced by this too much, I may have a very hard time to relax and rest my mind.*

### My MIND CENTER is DEFINED

#### POTENTIAL

My defined Mind is perfectly suited for drafting concepts and formulating ideas. I know how to process information in a certain way and conceive new thoughts out of it. My Mind can be very inspiring to others, and my concepts can make an important contribution. I am most convincing when asked to express my ideas and concepts.

#### SHADOW

*My defined Mind is designed to think and process information in a very particular way. If something does not fit into my pattern of thought, I can be perceived as being slow-witted. My way of thinking is rather definite. This is why my concepts and ideas may not always seem to match the current context.*

### My EXPRESSION CENTER is DEFINED

#### POTENTIAL

I specialize in a certain way of talking or putting things into action. I can be very sure of what I say or do and also know how to convince others. I find it easy to make myself heard and contribute to matters by way of communication, which will also have an impact on my environment.

#### SHADOW

*My defined Expression Center can represent a limitation in terms of how I express myself and how I put things into practice. I may miss the current context, which in turn could cause others to misunderstand or render my actions and manifestations unsuitable in a given situation. I may also tend to interrupt others and take up too much space for my own expressions.*

### My IDENTITY CENTER is DEFINED

#### POTENTIAL

I can rely on my defined Identity to point out my direction. I know who I am, which direction matches my purpose and which people can accompany me along the way. I have this kind of self-confidence that can be appealing to others. I know how to follow my path and provide direction to others.

#### SHADOW

*My defined Identity can make me become very inflexible when it comes to considering my way to be the only way and, in doing so, maybe steamroller other people. My identity is rather definite, and sometimes I have a hard time adapting to the context or to other people. My self-confidence may render me insensitive to grasping other people's nature.*

**My WILLPOWER CENTER is DEFINED****POTENTIAL**

Owing to my defined Willpower, I have a reliable source of power at my disposal for putting that which I want into practice. This kind of power may be in frequent demand and highly desirable when cooperating with others, as people recognize my ability to make an important and determined contribution to the development of the community. Thanks to my Willpower I can be endowed with authority and dominance.

**SHADOW**

*My defined Willpower frequently refuses to acknowledge the contributions of others appropriately, as I want things to happen my way - the things I have willpower for. This may be aggravating for others, as they feel my ego dominance and maybe fight this dominance or refuse their support. I ought to stay sensitive to the needs of others so as to avoid the risk of having to do things all on my own.*

**My EMOTIONAL CENTER is OPEN****POTENTIAL**

Owing to my open Emotions I am capable of sensing other people's feelings very acutely. Due to this empathic capacity, no sensation and no emotion remain hidden to me. I can sense very clearly how other people feel and which emotions can affect them. Provided I understand that much of what I feel is strongly influenced by the feelings and emotions of those around me, I can utilize this sensitivity with great success, and not identify with the feelings of others.

**SHADOW**

*My open Emotions make me very sensitive to the feelings of other people. If possible, I should try to avoid triggering negative emotions in others. This in turn could make me try to please everybody and maybe even seek harmony, when the smart thing to do would be to take a firm stand. Even if this meant risking a conflict. When I amplify the feelings of others, I can come across as being emotionally short-tempered.*

**My INTUITION CENTER is OPEN****POTENTIAL**

My open Intuition excels at sensing what will convey safety and well-being. I am very good at observing whether or not others are in good health or feeling well. This means that, at a physical level, I have a strong empathic sense of certain situations, environments and other people. My open Intuition provides me with highly sensitive powers of perception that help me find the capacities and the people that are likely to secure my own survival.

**SHADOW**

*My open Intuition Center can sometimes cause me to feel unsure and unwell in my own body. I therefore tend to seek the protection of others and relinquish my independence. The fear of being abandoned or being alone can lead me to cling to situations and relationships for a longer time than is healthy or beneficial for me. I may also have a hard time making spontaneous decisions.*

**My LIFE FORCE CENTER is DEFINED****POTENTIAL**

Owing to my defined Life Force, I seem to have sheer infinite productive capacity and creative powers. I have the energy to put things into practice while at the same time cooperating with others in an open manner. Once I get a physical response to something, my Life Force will unfold quite effortlessly and provide me with a high degree of satisfaction.

**SHADOW**

*As I possess sufficient energy, I could tend to waste that vital force and sometimes act with a lack of efficiency. I can be quick to use my vital energy on activities in which I do not find satisfaction. It is important for me to say No, if I am not in the mood for doing something, or had to do something on terms that are not to my liking. Otherwise I could become very frustrated and demotivated.*

**My DRIVE CENTER is OPEN****POTENTIAL**

My open Drive Center provides me with a high degree of equanimity. I am good at distinguishing whether or not something is worth acting upon. When I am put under external stress, I can be very fast and accomplish things quickly. Without such outside pressure, I remain unhurried and calm and find it easy to relax.

**SHADOW**

*My open Drive Center can easily come under outside pressure. I am susceptible to getting stressed by others, which can lead me to do things very quickly - maybe too quickly. This may cause a lot of hustle and bustle in my environment. On the other hand, I sometimes feel unmotivated and lazy, which is not a shortcoming, however, but my relaxed and natural state.*

## SPECIALIZATIONS 1 - 4

*The specializations of a Force Field are the talents that can manifest themselves at any time and represent your most important natural predispositions. 64keys distinguishes between 36 different specializations. Their combination allows us to draw very accurate conclusions about the ways you can unfold authentically.*

### **CONVICTION - Following one's own convictions by using one's energy in an authentic way.**

This specialization demands that I only do things I am truly committed to, which can inspire strong and powerful creativity. It is not about forcing my convictions and beliefs on others, but about living life true to myself. In doing so, I can empower and encourage others to follow their own path and find their own integrity. I do not necessarily need to know the reasons for my convictions, even though other people may expect me to. I will trust my convictions to lead me to the right places and the right people. No matter what others think or say about it.

### **CONCEPTION - Establishing precise and foresighted concepts that show the logical way into the future (organizational talent).**

Endowed with this kind of specialization, I need a lot of information before I can speak. The opinions I voice have to be backed up by facts and details. Other people are usually impressed by my detailed knowledge. However, when speaking out of turn, I can easily bore others with seemingly unnecessary details. This specialization is closely connected to the right eye. This eye is meant to discern logical patterns and focus on the details. I am a very visually oriented person. Pictures and graphical representation are important for me. Very often I can say more in a sketch than with words. I have the qualities of a "logical think tank". I excel at organizing others and leading them with foresight towards the future. My management qualities and organizational talent are based on my ability to grasp all details of a structure and detect possible flaws and deviations. Such qualities are in great demand in any enterprise or organization and are as such very welcome.

### **GOVERNANCE - The skillful administration and fair distribution of material resources out of personal integrity.**

This specialization challenges me to master life on the material plane. One way of being materially successful is to take things into my own hands and simply have my way. I am a veritable One-Man/ One-Woman Show. As my willpower is very strong, allowing it to unfold naturally can be seen as sheer selfishness. In larger structures my management qualities will attract attention. I sometimes consider democratic processes very cumbersome as I usually think that things should happen exactly the way I want them to. Owing to this specialization, I am capable of getting to the top of a community, to lead and to have control over material processes. If this is not possible or welcome, I prefer to act on my own instead of taking up a subordinate role in society. It is difficult to keep a check on me, and if someone tried it nonetheless, it will be very uncomfortable for me and usually fail to come off. I love to work for my own benefit and not let myself be used for other people's purposes.

### **ACTIVITY - The emanation and effective expression of one's life force.**

This specialization empowers me to express or manifest my life force and creative powers at any given time. This charismatic quality is very appealing to others, as long as I am actually doing something I like or even love to do. Sometimes other people consider me "non-available", as I can be deeply absorbed in my life's processes. When I engage in things I do not love, it may appear to be a matter of being busy for activity's sake and thus be hardly charismatic. No one should have the right to tell me what to do with my inexhaustible vital power. Whatever I do, it will always be a very individual matter and maybe difficult for others to understand. None of that matters as long as I love what I do. Then my actions can really get things moving. Still, I am not at all good at waiting for things. I find it very challenging to have patience with others or myself. Therefore, I may sometimes be too quick in doing or saying things.

## SPECIALIZATION 5

### **PRESENCE - Authentic behaviour as an expression of the Self in the Now.**

This specialization enables me to empower other people quite naturally through my authentic being and self-love. And with it comes the capability to survive under any circumstances due to the perfect expression of my own identity. The more authentic I am and the greater my self-love and self-acceptance, the better the quality of my presence can develop. I can strongly identify with what I say. On the one hand, this makes me very convincing, yet, on the other hand, vulnerable to criticism. For me, being criticized for what I say or do is identical to being criticized for what I am. Success will largely depend on how much I can find assurance in self-appreciation. To what extent I have been "awakened" within myself. Whenever I feel inclined to "play a role", people around me will immediately find me out. I just need to "be myself". No matter what it may cost or who will turn their back on me.

*Further specializations can be formed when cooperating with others and depend on the person one interacts with. Which kind of specializations they are, can be explored in interaction analyses or team analyses.*



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# The Living Matrix

FORCE FIELD ANALYSIS PART B

"LIGHT & SHADOW"

Arnold Schwarzenegger

The following pages include a detailed description of your most important potentials. In it, the meaning of each potential refers to the respective planet or celestial body through which it is activated.

Every activation can be expressed in its light mode or shadow mode. Whenever you leave the mode of effortlessness and calmness, you run the risk of living the shadow and, as a consequence, encounter resistance everywhere around.

Advancing one's personal development requires knowing about one's shadows and being aware of their influence.





## MISSION IN LIFE

P-Sun

*This activation is the most important one in your design. It shows your life's mission, that is, the vital center around which your life revolves. The essential point is to unfold, develop and fulfil this potential. It is the light that can make you shine. Here is where you can be a "star".*

31.5

### Influence

AREA: Expression / Q2

**The effective expression that establishes the claim to leadership within the collective.**

Potential 31 represents leadership into the future. It has a strong influence on others, most of all through the use of language. It says, "I lead you". Here, a strategy becomes manifest by means of influence. It is the potential to become a figurehead who influentially determines leadership. It puts into words which one of the strategies will achieve the desired results. It will be heard, provided that it has been authorized by the collective. It is about expressing one's influence for the benefit of the collective as well as establishing a secure future for the collective.

ASPECT: Attitude

**Leadership in accordance with inner attitude.**

LIGHT

Based on the ability to lead oneself, the expectation of others that a leadership role can be assumed. >P<

SHADOW

*When bestowed with leadership, the self-righteousness to have one's own attitude take center stage and develop no ambition that would serve the common good. >Mo<*



## GROUNDEDNESS

P-Earth

*This activation indicates how your life's mission can take roots. It is the potential that will help you "prepare the ground" for your life's mission, that is to say, the aspect that makes you well-grounded and self-confident. One's life's mission and one's rootedness are the - frequently opposed – aspects which together form a whole.*

41.5

### Hope

AREA: Drive / Q4

**The hope that the desired development is possible despite or because of restraints.**

Potential 41 is the driving force to have hopes and desires. It is the dream and the fantasy of a new experience, which makes it possible to surpass restrictions. It represents the lowest point of the wave's trough and is the only genetic start codon, meaning that this potential initiates a new cycle of experience out of restriction. Like a gardener who cuts back his trees in winter only to see them bud even more beautifully in the following year, this potential represents exactly this kind of pruning that will finally lead to cyclic progress and growth.

ASPECT: Authorization

**Authorization, as the potential has been recognized.**

LIGHT

The ability to focus one's energy on the essentials in times of limitation is recognized by others. >Ma<

SHADOW

*A persistent dissatisfaction with limitations threatens development, as offered support is not recognized. >V<*



## APPEARANCE

D-Sun

*This activation represents your physical and unconscious aura. In other words the potential, which others perceive in you. You yourself may not even be aware of this aura. But there is nothing you need to do to unfold the potential. It is always there. It is the part of your genetic code that you inherited from your father.*

### 24.1 ▲

#### Introspection

AREA: Mind / Q1

**The mental process which, following introspection, facilitates spontaneous renewal through individual truths.**

Potential 24 is the mental processing of individual knowledge by way of introspection. It is the ability of the mind to select inspiring questions and repeat and re-process them until they have been rationalized and mental calmness can be restored. Only then can individual truths be shared with others. The ever-recurring thoughts may lead a person to ponder and reflect, always aiming at recognizing an individual truth and reaching conclusions out of it.

ASPECT: Reassessment

**Past thinking is corrected before renewal can take place.**

LIGHT

Inspiration that needs a reassessment of past thinking so as to facilitate rational concepts. >S<

SHADOW

*Holding on to past thinking without seeing the value of a new inspiration. >N<*



## PURPOSE

D-Earth

*This activation indicates your purpose in life; what you represent to others in this life. You inevitably fulfil this purpose without being able to do or change anything about it. It is, so to speak, the unconscious reason of your incarnation – the connection to your inner self. It is the part of your genetic code that you inherited from your mother.*

### 44.1

#### Collaboration

AREA: Intuition / Q3

**The instinctive awareness that impartiality supports successful cooperation.**

Potential 44 is the instinctive awareness for survival through collaboration. It has a nose for the right people for any cooperation. It operates out of an instinctive alertness that remembers successes and setbacks from the past. This consideration of the past is a mechanism for survival, which does not only protect the individual, but the community they belong to. It is capable of developing the structures for a healthy cooperation.

ASPECT: Conditions

**Structuring the collective through conditions.**

LIGHT

The instinct of structuring the community and assigning the roles, even if it means establishing restrictive conditions for some. >P<

SHADOW

*The interaction with the members of the community that strives for harmony but fails to establish conditions, which can threaten success. >V<*



## ENVIRONMENT 1ST HALF OF LIFE

D-SN

*This potential is always at your disposal starting from the moment of your birth. It shows how you connect with your environment and what will always be a matter of importance between you and others. This potential also describes the environment in which you move during the 1st half of your life, as it is the environment you respond to most, owing to this potential.*

34.3

### Strength

AREA: Life Force / Q4

**Greath strength and power that is only legitimate when serving the common good.**

Potential 34 is the vital force of individual strength and power. It is the pure and unconditional power of the individual, ready to show itself and available for use. It is pure vital energy that is self-strengthening and has the urge to show that one is different, that one is powerful. It is the seat of a power, which can cause a manifestation in the Now. It is the potential to be busy and diligent, even at the cost of ignoring other people's interests. Because unfolding this power can appear to be selfish, if one forgets that strength and power must always serve the common good.

ASPECT: Machismo

**The display of power that can be delusional.**

LIGHT

The natural display of power that can be accompanied by a sense of machismo and strongly defines the nature of power. >Sa<

SHADOW

*The reasoned, calculated and distinct display of power which can also be perceived as a threat, a bluff or the fanning of a peacock's tail. >Me<*

START OF 2. HALF OF LIFE: 16. Jan 1987



## ENVIRONMENT 2ND HALF OF LIFE

D-NN

*While the potential of the 1st half of your life is always at your disposal, you will have to work hard to acquire the potential of the 2nd half. This activation also specifies how and about what you will connect with others during the 2nd half of your life. As the activations of the 1st and the 2nd half of life are opposites, developing this potential is a time-consuming process.*

20.3

### Presentness

AREA: Expression / Q2

**The kind of presentness in the Now that turns insights into spontaneous expressions or actions.**

Potential 20 is the expression of being present in the Now. It means being aware of the present moment, of the existential presence. It operates in the Now and is the voice that says, "I am Now". It is the potential to express oneself spontaneously and individually. It is the sheer expression of presentness. This is where individual strength, individual intuition and authentic behaviour can become manifest and be expressed.

ASPECT: Self-consciousness

**Self-conscious analytical perception.**

LIGHT

The self-confident perception in the Now, which supports the adaptation and development of personality. >S<

SHADOW

*The extreme expression of self-consciousness that hampers development as it denies the need for it. >E<*



## PERSPECTIVE 1ST HALF OF LIFE

P-SN

*This activation indicates your view on the world during the 1st half of your life and the potential based on which you respond to it. This is a behaviour you were born with and which is always at your disposal. It can prove to be a valuable resource in stressful situations.*

34.1

### Strength

AREA: Life Force / Q4

**Great strength and power that is only legitimate when serving the common good.**

Potential 34 is the vital force of individual strength and power. It is the pure and unconditional power of the individual, ready to show itself and available for use. It is pure vital energy that is self-strengthening and has the urge to show that one is different, that one is powerful. It is the seat of a power, which can cause a manifestation in the Now. It is the potential to be busy and diligent, even at the cost of ignoring other people's interests. Because unfolding this power can appear to be selfish, if one forgets that strength and power must always serve the common good.

ASPECT: Intimidation

**To display power as a response to frustration.**

LIGHT

Displaying one's power to intimidate others. >Sa<

SHADOW

*Getting one's comeuppance for the random display of power opposite weaker people is the inevitable destiny and the appropriate punishment. >P<*



START OF 2. HALF OF LIFE: 16. Jan 1987

## PERSPECTIVE 2ND HALF OF LIFE

P-NN

*This activation describes how you will perceive the world in the 2nd half of your life. As the activations of the 1st and 2nd half of life are opposites, the world changes on principle during the middle years of your life (midlife crisis). Yet, it is actually not the world itself that changes, but your view on it and thus the way you respond to the world. This potential needs to be developed first.*

20.1 ▽

### Presentness

AREA: Expression / Q2

**The kind of presentness in the Now that turns insights into spontaneous expressions or actions.**

Potential 20 is the expression of being present in the Now. It means being aware of the present moment, of the existential presence. It operates in the Now and is the voice that says, "I am Now". It is the potential to express oneself spontaneously and individually. It is the sheer expression of presentness. This is where individual strength, individual intuition and authentic behaviour can become manifest and be expressed.

ASPECT: Shallowness

**Shallowness that accepts slogans.**

LIGHT

The awareness in the Now, which only considers urgent and current aspects. Raising superficiality to an art form.

&gt;V&lt;

SHADOW

*The expression of the superficial personality, which has only slogans to offer and builds on shallow thoughts. >Mo<*

**DRIVE**

D-Moon

*This activation indicates what drives you in life. It is the fuel that “powers” your doings and dealings. In other words, the reason why you get out of bed in the morning, but also the emotionalizing drive to spring into action. That is, in all its periodically recurring dimensions from modest to extreme.*

**29.1****Commitment**

AREA: Life Force / Q3

**Steadfast commitment that welcomes new cycles of experiences.**

Potential 29 is the vital force to commit oneself to experiences and persevere. It is the potential to become fully involved in a process without knowing where one is headed. It is the potential of “Saying Yes” to life and experiences. It provides the vital force that keeps a person at what they do, no matter how difficult the circumstances. It is persistent and will also accept tasks and responsibilities just to have something that requires staying power. Sometimes it is also the gate of “Saying No” to life, if it does not accept that life can be difficult, too.

ASPECT: Fulfilment of duties

**The power to persevere as long as necessary.**

LIGHT

The ability to say Yes to new experiences and the power to hang on until the experience has been concluded. >Ma<

SHADOW

*The inability to see experiences through to the end and, based on that, the fear of new experiences and obligations. >N<*

**FOCUS**

P-Moon

*This activation shows the focus that you never lose sight of. It reveals what you care about, what you see, what matters to you and what you always focus on in your actions and your thinking. For your personality it is an important principle of the mind to explore this aspect in all its extremes.*

**10.6****Authenticity**

AREA: Identity / Q4

**Authentic behaviour as the basis for successful interaction in every situation in life.**

Potential 10 is the ability to show one's Self in an authentic way. It is one's personal appearance, the behavior of the Self. It has a powerful effect and a conditioning influence on others. The way to self-love is to surrender to life in full, to explore it in order to become aware of oneself and one's authentic uniqueness. It was not made to adapt, but to stay true to its nature.

ASPECT: Exemplarity

**Authentic example through actions rather than words.**

LIGHT

The authentic role model expresses itself through action rather than words. >P<

SHADOW

*Hypocrisy that uses many words but does not act upon them. >Sa<*

**COMMUNICATION**

D-Mercury

*You do not only communicate with words, but also non-verbally. This potential indicates what you communicate without words and unconsciously by way of your aura and what others, maybe equally unconsciously, perceive in you. Last but not least, it describes the aspect that determines your way of listening. That which you will hear over and over again in this world.*

51.6

**Courage**

AREA: Willpower / Q1

**The willpower to courageously respond to disorder and shock and stand one's ground.**

Potential 51 embodies deliberate and bold initiation. It represents the individual willpower to be the first or best in something. With the motto "where there's a will, there's a way". It is the potential of competition, of the warrior, of courage, but also of foolishness, as courage can sometimes turn out to be foolish. It has the ability to shock and loves to go where no one else dares to go. Yet, it is also able to deal with the shocks it received. It is the "daring heart" that will attempt or bear the unpredictable and the exciting.

ASPECT: Separation

**The power to face challenges alone.**

LIGHT

The willpower and vitality in times of crisis to meet challenges alone and not to succumb to the general panic. >S<

SHADOW

*The Ego-power to face challenges alone, which may provoke and strengthen the challenger. >P<*

**MESSAGE**

P-Mercury

*This potential indicates what occupies your mind, how you deal with sensations and about what you – consequently – like to talk about. It is, so to speak, your message to the world and describes the aspect on which you could become an authority to others.*

53.4

**Readiness**

AREA: Drive / Q2

**The willingness to start new developments and advance them steadily and patiently.**

Potential 53 is the motivation and the readiness to begin something new. It is the pressure of the starter energy to begin a new cycle of experience without knowing exactly where it will lead. Here is where the energy for new beginnings is released, and does not matter whether everything that is started also gets finished. It is ready to patiently push new developments in a structured way, even if this may seem complex and difficult at the beginning and there is no certainty that others will provide their support. There is also the potential to include well-tried and established methods in the process.

ASPECT: Assuredness

**The assuredness to maintain one's individuality in beginnings.**

LIGHT

The confidence and strength to maintain one's individuality even in difficult, complex situations and confused beginnings. >Mo<

SHADOW

*The pressure to begin new things is so strong that "dropping" something recently started will result in unpleasant or embarrassing situations. >V<*

♀

**MORAL**

D-Venus

*This activation relates to the aspect of your design that governs the moral dimensions of relationships. It is also about innocent physical sensuousness and the pleasure you get in and out of relationships as well as the way you form and shape relationships.*

17.2

**Opinions**

AREA: Mind / Q1

**Formulating useful opinions as a basis for organizing systems with foresight.**

Potential 17 is the mental ability to process information into logical opinions as well as to organize the future with prudent foresight. Opinions require a logical basis in order for them to be understood and withstand scrutiny and criticism. Note that this is not about truth, but logical concepts on the basis of which systems and structures can be organized. This potential is connected to the right eye that sees clearly in the Now. It sees the details and knows how to project them as patterns into the future.

ASPECT: Selectivity

**To recognize productive associations with keen perceptiveness.**

LIGHT

The keen sense to enter the right relationships for pursuing higher purposes together and forming opinions. >S<

SHADOW

*The possibility of being opinionated can lead to isolation. >Mo<*

♀

**VALUES**

P-Venus

*This activation expresses the values and ideals that influence your partnerships and friendships. On the one hand, these ideals are the fundament of your mind and, on the other hand, govern the physical response you experience in your relationships with other people. It is also the activation based on which you want to be accepted and valued by others.*

62.6

**Precision**

AREA: Expression / Q2

**Patient attention to the details that knows how to express the process of thinking by way of precise formulations.**

Potential 62 is about the expression of logical details. It is capable of organizing, naming and expressing facts. It is the voice that says: "I think". Such kind of thinking as well as the details gained from it is one of the fundamentals of our life. This potential is capable of specifying details, putting a name to everything and everyone, thereby creating the illusion - the Maia. It wants to be understood and attempts to convince others - also through facts and statistics that will prove its logic. It strives for precision and seeks to take all details into account, so that the opinions expressed will actually be considered within the collective.

ASPECT: Self-discipline

**Disciplined detail work leads to material success.**

LIGHT

The understanding that detail work is the fundament of material success, and the self-discipline to content oneself with smaller steps. >Sa<

SHADOW

*On account of the overestimation of one's powers, the lack of discipline to content oneself with small steps. >Me<*

**CORE POWER**

D-Mars

*This potential is probably still your diamond in the rough. It stands for the talent that is based on your very nature and is always related to a wound. Because our deepest hurts give rise to our greatest talents. Like a clam that builds a beautiful pearl around a painful grain of sand, this potential helps us develop our most wonderful talent.*

21.5

**Authority**

AREA: Willpower / Q1

**Controlled use of willpower and authority in order to overcome obstacles.**

Potential 21 represents the force of wilful authority and control. It is the willpower to strive for control over the distribution of the community's resources. It embodies the archetype of the managing director who is in control of the company. This authority and power is most effective when formally bestowed, serving the group or the enterprise for the common good. This potential will fight to see the material needs of the community fulfilled. It wilfully summons its strength to endure and stand its ground even in difficult situations.

ASPECT: Objectivity

**Authority based on objective principles.**

LIGHT

The balanced character that ensures objectivity and bases its actions on legal principles. >J<

SHADOW

*The urge to be in control is so strong that objective conditions are ignored and willpower is used subjectively and emotionally. >P<*

**CREATIVITY**

P-Mars

*This potential is the source of your martial and boisterous assertiveness, which can be refined and tamed in the course of your life. On the one hand, this kind of creativity calls for other people's tolerance and, on the other hand, wants to be defended offensively. If in the course of this struggle, your creativeness gets the chance to develop with ease, then your full potential will unfold.*

45.4 ▽

**Accumulation**

AREA: Expression / Q2

**The natural center of the community that attracts favourable forces, collects resources and distributes them to everyone's benefit.**

Potential 45 embodies the ability to gather material and immaterial possessions, however, not to further one's own ends but for the benefit of a community. This potential says: "We have". It is the archetype of the patriarch who leads his tribe autocratically for the collective good. And it is not only about material possessions, but also intangible values such as education and upbringing. Every successful community needs to have a principle of collecting and distributing. This potential is aware of this fact and draws its leadership quality from it.

ASPECT: Providing direction

**Providing direction for higher principles.**

LIGHT

The ability to recognize opportunities for a material process that serves higher principles. The potential for providing direction. >J<

SHADOW

*The attempt to influence the community for one's own benefit, regardless of the higher principles on the material plane. >Ma<*



4

**PROTECTION**

D-Jupiter

*This activation represents one of your "lucky stars". This is the aspect in which you can encounter favourable circumstances and experience fortunate strokes of serendipity. It is the potential that – if developed properly – protects and promotes, if you are open to recognizing and accepting those lucky breaks.*

14.1 ▲

**Capacity**

AREA: Life Force / Q4

**Gathering and mangaging resources as well as the clever use of capacities in interactions.**

Potential 14 holds the vital force and capacity for individual creation. The potential is to love what you do, and to do what you love. Under these conditions any act of creation will increase one's energy instead of spending it. It represents the force to find one's own direction in life by making use of one's individual creative power. It loves to work, and this may help it amass abundant resources. This is about applying one's capacity in an act of serving others. The important key to unfolding this potential is to avoid becoming a slave while, at the same time, remain being generous towards others.

ASPECT: Higher principles

**The key to power is higher principles.**

LIGHT

The knowledge how to use resources for achieving the higher principles. >J<

SHADOW

*The wasting of resources without higher principles and the belief that money can solve everything. >Me<*

4

**PROSPERITY / WELL-BEING**

P-Jupiter

*This aspect represents your source of growth, prosperity and wealth. It is not only a matter of material wealth, but of all aspects of thriving and prospering. By realizing this aspect you will enter into your life's material flow, which is always closely connected to your mind-set – your Spirit.*

1.6

**Originality**

AREA: Identity / Q4

**The power to express individual, creative inspiration.**

Potential 1 stands for originality and creation out of one's individual self. It is the huge potential for creativity that wants to express itself and get attention. Creativity occurs in moments of solitude, suddenly and unpredictably. It wants to unfold for its own sake, not for money or recognition. This potential represents a creative power that cannot be forced deliberately.

ASPECT: Objectivity

**The objective assessment of creative value.**

LIGHT

The objective clarity of creative expression is untouchable. >E<

SHADOW

*The risk that subjective appraisal of creativity will result in blocking creativity. >P<*

‡

**STRUCTURE**

D-Saturn

*This activation provides you with structure, but also discloses your limits. You need to live up to this potential with earnestness and a sense of duty. It challenges you to live your life authentically and, with the appropriate self-discipline, fill it with order and clarity. It is the kind of seriousness in life that demands hard work and tenacity.*

**31.1 ▲****Influence**

AREA: Expression / Q2

**The effective expression that establishes the claim to leadership within the collective.**

Potential 31 represents leadership into the future. It has a strong influence on others, most of all through the use of language. It says, "I lead you". Here, a strategy becomes manifest by means of influence. It is the potential to become a figurehead who influentially determines leadership. It puts into words which one of the strategies will achieve the desired results. It will be heard, provided that it has been authorized by the collective. It is about expressing one's influence for the benefit of the collective as well as establishing a secure future for the collective.

ASPECT: Manifestation

**Influence through the expression of leadership.**

LIGHT

The ability to naturally express leadership and to be a light for those who wish to follow and authorize such leadership. >S<

SHADOW

*The claim to leadership that is only a promise and sooner or later will lose its followers. >E<*

‡

**DISCIPLINE**

P-Saturn

*For you, this activation represents an important "law of nature". It demands of you exactly the same kind of discipline, patience and consistency that every farmer has to muster. Your life challenges you to let this aspect mature in an authentic and true way. Infringing the rules of nature, however, could lead to stern reprimands. Living up to this activation in an authentic way will help you bring in a bountiful harvest.*

**33.5 ▲****Prudence**

AREA: Expression / Q2

**The prudence to realize when it is necessary to actively withdraw and find new strength.**

Potential 33 carefully voices what has been heard or experienced. It is also the potential for retreat in order to process what has been heard. Here is where secrets, disclosures and revelations are heard and preserved. And it is where we decide what information to share or withhold. Before this can be done, one requires a period of reflection and solitude. The progress made through experiences is passed on to others and shared with the collective. By historians and teachers.

ASPECT: Timing

**To keep one's intentions secret, appropriate timing.**

LIGHT

The ability to find the right timing and keep secret one's intention until the appropriate moment. >P<

SHADOW

*There is no sense of the right timing, and due to one's own uncertainty others are informed of one's intention at the wrong time. >J<*



## INNOVATION POWER

D-Uranus

*"Who, if not you? When, if not now?", is what this activation seems to call. Behind it lies your strong power of innovation related to this aspect. This represents an uncommonly creative aspect in you. It is that singular knowledge that cannot be explained. It is also the aspect in which we feel boxed in and dissatisfied.*

45.3 ▽

### Accumulation

AREA: Expression / Q2

**The natural center of the community that attracts favourable forces, collects resources and distributes them to everyone's benefit.**

Potential 45 embodies the ability to gather material and immaterial possessions, however, not to further one's own ends but for the benefit of a community. This potential says: "We have". It is the archetype of the patriarch who leads his tribe autocratically for the collective good. And it is not only about material possessions, but also intangible values such as education and upbringing. Every successful community needs to have a principle of collecting and distributing. This potential is aware of this fact and draws its leadership quality from it.

ASPECT: Exclusion

**The reaction to the exclusion from material processes.**

LIGHT

The gift to find a new way in order to be included into the material process again after temporary exclusion. >N<

SHADOW

*The aggressive and often violent reaction to realizing that one is no longer needed for a material process and thus excluded from it. >Ma<*



## RENEWAL

P-Uranus

*This is the aspect of your personality that demands individuality and freedom. Herein lies your exceptional talent to shed new light on this aspect. Here, you should not adapt yourself to what is conventional, but move toward completely new and individual paths. As your contribution to renewing the world.*

12.2

### Appropriateness

AREA: Expression / Q2

**The restraint that checks an expression for appropriateness before speaking or acting.**

Potential 12 has the gift to appropriately articulate emotional moods. It wants to express its emotions properly, so that others will understand them, thus overcoming a standstill. This potential is largely driven by acoustic signals. It is about the way you say things, rather than what you say. Exercising caution and restraint towards society is necessary to release one's individual emotionality without hurting others or getting hurt. Depending on the mood, it either means withdrawal or open exchange.

ASPECT: Caution

**Disciplined caution with regard to society.**

LIGHT

The expression of disciplined caution towards society in order to maintain a state of pureness. >Sa<

SHADOW

*Out of boredom that arises from withdrawal one seeks for stimulation prematurely and abandons caution. >Me<*

Ψ

**BACKGROUND**

D-Neptune

*This activation makes dreams and reality melt into one. For you, this is a mystical aspect that goes well beyond the obvious and wants to get to the bottom of things. As a consequence, this aspect can also be a source of confusion and deception. Here, a search can become an addiction.*

18.6

**Judgement**

AREA: Intuition / Q3

**Alert ability to judge that recognizes a need for correction and defends elementary human rights.**

Potential 18 is the awareness for survival based on the ability to judge. It is the ability to correct faults within systems. It possesses an innate joy of expressing criticism. This is where one questions the conditioning through authorities and the authorities themselves. No matter the circumstances, the need for perfection is a continuous process that never ends. Being dissatisfied with the way things are forms the basis of this ability to judge.

ASPECT: Boundlessness

**Departure to find new horizons instead of standstill.**

LIGHT

The potential to create the perfected form through correction and to find new horizons. >Ma<

SHADOW

*The ability to access public opinion and share one's methodology of correcting with others. >Mo<*

Ψ

**VEIL**

P-Neptune

*This aspect holds your entrance into a veiled and hidden world away from the "tough", dual reality. This activation challenges you to surrender yourself, to trust, to abandon conscious control and immerse yourself in the unconscious, so as to experience your existence on a different, "spiritual" level.*

18.5

**Judgement**

AREA: Intuition / Q3

**Alert ability to judge that recognizes a need for correction and defends elementary human rights.**

Potential 18 is the awareness for survival based on the ability to judge. It is the ability to correct faults within systems. It possesses an innate joy of expressing criticism. This is where one questions the conditioning through authorities and the authorities themselves. No matter the circumstances, the need for perfection is a continuous process that never ends. Being dissatisfied with the way things are forms the basis of this ability to judge.

ASPECT: Therapy

**Collaboration for correction.**

LIGHT

The wisdom to provide guidance in corrections and to know when the help of others is required. >Sa<

SHADOW

*When relationships cannot contribute to corrections, the potential for psychic instability and mental confusion.*

&gt;U&lt;

ω

**INNER TRUTH**

D-Pluto

*This activation shows the theme that needs developing. The ruling principle is that old things have to be destroyed in order for new things to blossom and develop. This involves letting go of fixed ideas and accustomed behaviours.*

**33.4 ▲****Prudence**

AREA: Expression / Q2

**The prudence to realize when it is necessary to actively withdraw and find new strength.**

Potential 33 carefully voices what has been heard or experienced. It is also the potential for retreat in order to process what has been heard. Here is where secrets, disclosures and revelations are heard and preserved. And it is where we decide what information to share or withhold. Before this can be done, one requires a period of reflection and solitude. The progress made through experiences is passed on to others and shared with the collective. By historians and teachers.

ASPECT: Dignity

**The dignified retreat for regeneration.**

LIGHT

The underlying faith in return after times of regeneration facilitates a retreat in dignity and without turmoil. >P<

SHADOW

*In forced retreat to lash out without dignity, as one does not believe in the possibility of return. >N<*

ω

**TRANSFORMATION**

P-Pluto

*When reality kicks in, so does fear. Mortal fear. This activation is closely connected to the fear of death. The question is: What can become "real"? What could be transformed in your innermost being, if this fear did not exist? How would you live this aspect, if you accepted death as a part of your life?*

**33.6****Prudence**

AREA: Expression / Q2

**The prudence to realize when it is necessary to actively withdraw and find new strength.**

Potential 33 carefully voices what has been heard or experienced. It is also the potential for retreat in order to process what has been heard. Here is where secrets, disclosures and revelations are heard and preserved. And it is where we decide what information to share or withhold. Before this can be done, one requires a period of reflection and solitude. The progress made through experiences is passed on to others and shared with the collective. By historians and teachers.

ASPECT: Disassociation

**The ability to let go in retreat.**

LIGHT

The ability to let go in retreat and get rid of all burden which could stand in the way of a new beginning later on.

&gt;S&lt;

SHADOW

*The nagging doubts about what to let go, as there is no clarity about what will be needed for a new beginning at a later stage. >J<*

## WOUND / INHIBITING MINDSET

"I have to suppress my truths, as they could harm or shock others."

♁

### HEALING POWER

D-Chiron

*This aspect does not activate a gate in your Resource Force Field. It represents the invisible power that is always present and - as an answer to your Resource Force Field - is at your disposal behind the scenes so that old wounds can be healed.*

28.4

#### Risk

AREA: Intuition / Q3

**The intuitive awareness that everything in life involves risks, that life is transient and therefore needs to have a purpose.**

Potential 28 is the ability to survive even if one is taking risks. It makes it clear that life always involves risks. It is the potential intuition to know whether or not it makes sense to fight. It means knowing whether or not it pays to be unrelenting, to run a risk that might put life in danger or make life possible in the first place. The challenge is life itself, to feel alive and provide one's life with a sense of purpose and meaning. Here the individual must face the challenges alone and therefore has to know intuitively whether or not it makes sense to fight.

ASPECT: Holding on

**Holding on to and using all means available.**

LIGHT

The intuitive possibility for using all means to hold on to one's goals and be able to continue the struggle. >J<

♁

### HEALING BEHAVIOR

P-Chiron

*This aspect does not activate a gate in your Resource Force Field. It shows, however, which behaviour represents a valuable, yet hidden resource in you. This healing attitude indicates in which aspect you are called on to contribute to the welfare of others, which will contribute to your own "healing" in turn.*

28.2

#### Risk

AREA: Intuition / Q3

**The intuitive awareness that everything in life involves risks, that life is transient and therefore needs to have a purpose.**

Potential 28 is the ability to survive even if one is taking risks. It makes it clear that life always involves risks. It is the potential intuition to know whether or not it makes sense to fight. It means knowing whether or not it pays to be unrelenting, to run a risk that might put life in danger or make life possible in the first place. The challenge is life itself, to feel alive and provide one's life with a sense of purpose and meaning. Here the individual must face the challenges alone and therefore has to know intuitively whether or not it makes sense to fight.

ASPECT: Alliances

**The acceptance of questionable alliances.**

LIGHT

The intuitive acceptance of dubious alliances, as the end justifies the means. >S<



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# The Living Matrix

FORCE FIELD ANALYSIS PART C  
"PSYCHOLOGY & HEALTH"

Arnold Schwarzenegger

A core aspect of your energetic system is the „colors“ underneath the surface.

The following pages provide you with an overview of – which motivation moves you, - your perception of the world, - which diet and nutrition-related behaviour, - which sense of perception and – which environment are beneficial to your health and – which Cognitive Type you are.

## MOTIVATION \*)

*Before an actor or an actress starts acting, they need to know "why" they do what they do in a certain scene. In other words, they try to get to the bottom of what motivates a character to act in a particular way. Likewise, you were born with a certain basic motivation, which "colours" your behaviour and allows a better understanding of why your potentials and talents unfold the way they do. A person with the same predispositions, but a different motivation, would behave in a different manner.*

### "Desire"

**The strong desire to demand what is extraordinary. At a material level or regarding one's social position.**

My basic motivation is to make high demands on life. Not only in terms of quantity, but also of supreme quality. I do not just want the things everyone else can have, too. No, it has to be something special. Special when it comes to material possessions, but also regarding my social position. I want to be seen and acknowledged, and I'm ready to do and try quite a lot to achieve it. When it comes to hierarchical structures, I do not content myself to run along with the mainstream. I want to lead and exert influence. I also have the constant need to initiate development, even if it leads to a process of trial and error. I am hard to please, as no one knows better than me that there is always room for improvement. And my desire urges me on to achieve the best.

\*)This part of the analysis is only reliable when there is an exact birthtime (max  $\pm 5$  Min).

## PERSPECTIVE

*Imagine different people observing a situation or an event. Even though every one of them sees one and the same thing, each viewer will perceive and describe different aspects of what has been seen. This aspect of the Force Field Analysis looks at your perception of things and of the world as such.*

### "Political"

**The political spirit that knows how to identify power structures and chances in its environment and use them for its own ends.**

My perception is shaped by the fact that I am very good at sensing and seeing through connections and relationships at life's material level. This view is a good basis for me to be successful myself and find my way within political or any other kind of power structures. I see who is powerful, who is successful and which relationships and structures are necessary to achieve outstanding success at a material level. This perception provides me with a keen sense of different social environments and enables me to see what could possibly be changed and developed. Based on this perception I know how to identify chances of my own and use them to my advantage, or to actively change or shape my environment.



## HEALTH AND NUTRITION \*)

*The beneficial diet and nutrition-related behaviour describe what and how your body digests most effectively, and the best way for your body to absorb the substances in your food that it needs most. So on the one hand, this is about what you eat and drink and, on the other hand, about the atmosphere that is beneficial to you when you do it. If you keep this in mind, you will feel more vital, efficient, healthier, and find it easier to keep or achieve your ideal body weight. Also, there is mention of your most important sense of perception when it comes to selecting the food that is beneficial to you.*

### Thirst - cold - "Cold Eater" / Sensory Perception: Touch

The "Cold Eater": Their digestive system tends to be too hot, which is why they should eat only cold\* meals and drink only cold\* beverages. For this type, the most important dietary rule is to drink sufficient amounts of cool liquid and look for good water quality. They should refrain from consuming hot dishes and drinks, and wait until hot food has cooled before consuming it. This helps balancing the regulation of body temperature as well as the intake and storage of liquid. The most important physical sense is the sense of emotional perception stimulated by the touching of food. The sense of touch is highly developed. Hence when selecting food, the food products should be touched. Ideally, this type does the cooking themselves. This type possesses a flexible immune system. By giving the body time to fully process experiences, the immune system will be able to learn.

\*) Cold means: below room temperature, cooled.

\*)This part of the analysis is only reliable when there is an exact birthtime (max  $\pm 5$  Min).

## BENEFICIAL ENVIRONMENT

*The beneficial environment describes the setting in which you can best unfold your talents and potentials. This is essentially about the character of a room or a landscape – what you see and which feelings or stimulations the environment provides. At the same time the beneficial environment characterizes the way you should make contact with other people.*

### Shores / Transition - natural

The environment most beneficial to developing your talents is a place of transition, like for instance a waterside. Such kind of environment should always allow you to see the horizon. For you, it is important to have a wide and unobstructed view. In other words, being in places where you can see what is distant and what is different, like on the seashore, at a lake or the edge of a forest with a fine panoramic view. It is those natural environments of transition from one landscape into another, which inspire you to be active and proactively shape your transformations - both in a literal and figurative sense of the word - and provide you with opportunities to be off to new pastures.

### COGNITION TYPE \*)

*The Cognition Type describes the way one processes information and the activity mode in which one's life unfolds. The attached "animal name" is only supposed to convey an archetypical image and help differentiate whether a Cognitive Type tends to be survival-minded (predator) or experience-minded (resource animal).*

#### LRRL, "Horse" universal mind - meditative activity

I like to indulge in my favourite activity as a form of relaxation and, at the same time, playfully and with changing focus observe everything around. I love to experiment, have an acute sense of perception and enjoy gaining experiences in order to gather wisdom. I maintain a regular and high level of physical activity that serves to protect and strengthen at the same time.

### MIND AND APPROACH \*)

My mind first observes everything around me with a shifting focus and then strategically processes this information. I prefer a wide choice of intellectual stimulation and variety. My approach can be referred to as playful and easily distracted, as I always detect new and interesting things that occupy my mind.

### ACTIVITY MODE und RELATIONSHIP MODE

I benefit from a high degree of physical activity and always pursue strategic plans for my future. Such activity should be of a relaxing kind, so that I can always be present in the moment and live life free from pressure. I actively manage relationships and approach others strategically with my own topics, thus bringing them to deal with these topics.

\*)This part of the analysis is only reliable when there is an exact birthtime (max ±5 Min).



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## The Living Matrix

### FORCE FIELD ANALYSE PART D "PROFESSION & CALLING"

Arnold Schwarzenegger

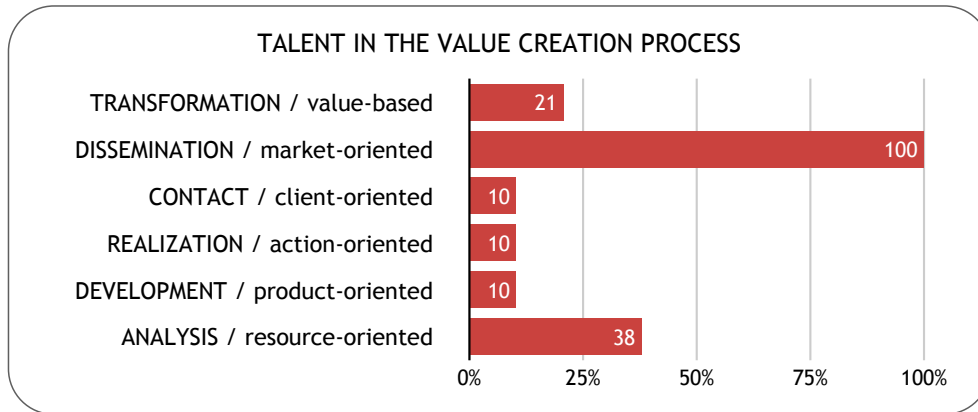
When one's calling becomes one's profession and success seems to unfold completely effortlessly, then a person is in their prime/ at the peak of their powers.

The following pages provide information about your very own prosperity mode and the way prosperity and wealth will unfold with ease in your life. Prosperity has a different meaning to everyone, and the measure for wealth is not equal to the "maximum", but the "optimum".

The complex information on the following pages largely requires professional explanation. Your 64keys consultant will support you in understanding the multitude of levels and help you develop the resulting mode for unfolding your potentials in your job in the best possible way.

## TALENT IN THE VALUE CREATION PROCESS

Every person has their certain domain in the value-creation process where they can unfold their talents in the best possible way. Together with your specializations and potentials, this describes the basis for your mode of success.

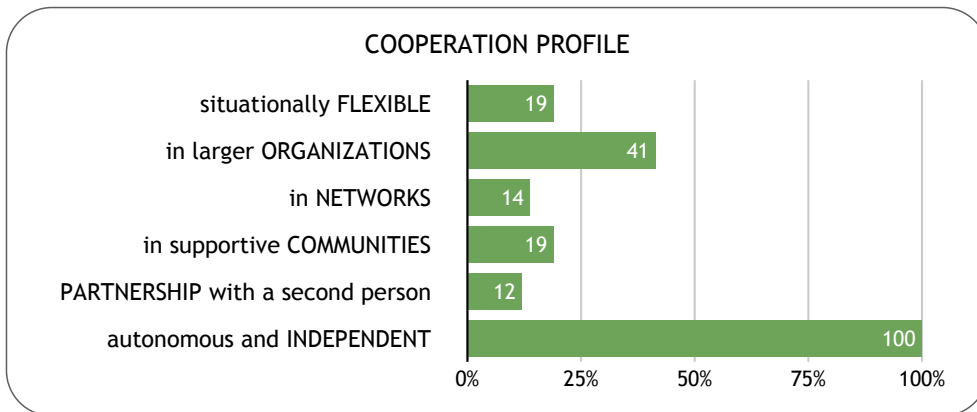


### LEGEND

<b>TRANSFORMATION</b>	Keywords on the talent "TRANSFORMATION": values-based, visionary, individual, transforming, humanitarian, philanthropic, e.g. Human Resources, social welfare jobs, outside of the value creation chain
<b>DISSEMINATION</b>	Keywords on talent "DISSEMINATION": market-oriented, expansive, conquering, practical, realistic, global, e.g. media, marketing, PR, advertising, distribution, administration, logistics
<b>CONTACT</b>	Keywords on talent "CONTACT": client-oriented, empathic, sensitive, personal, e.g. sales, customer service, communication, assistance
<b>REALIZATION</b>	Keywords on talent "REALIZATION": action-oriented, strategic, trying, improving, e.g. production, implementation, application, materialization
<b>DEVELOPMENT</b>	Keywords on talent "DEVELOPMENT": product-oriented, quality-conscious, passionate, user-related, e.g. creation, concept, design, perfection, inventiveness
<b>ANALYSIS</b>	Keywords on talent "ANALYSIS": resource-oriented, creating fundamentals, safeguarding, investigative, e.g. investigation, research, project planning, purchasing

### COOPERATION PROFILE

Of course, every person is capable of operating in every kind of cooperation mode, so for instance alone, in teams, or in large organizations. This chart shows you which cooperation mode is suited best to help you unfold your talents and which modes are probably not beneficial in the long run.

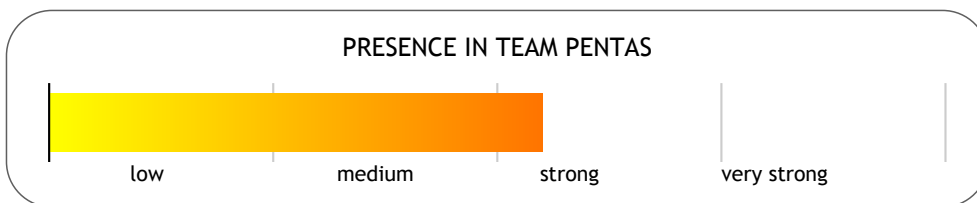


### IMPACT IN TEAMS

Every person can work in a team. In order to find satisfaction in teamwork, a high team presence is an advantage. A team requires 12 Penta aspects to work efficiently. Which aspects you will bring into a team process are described below.

**AUTHENTIC TEAM ROLE** implement independently

**PENTA ROLE** Support

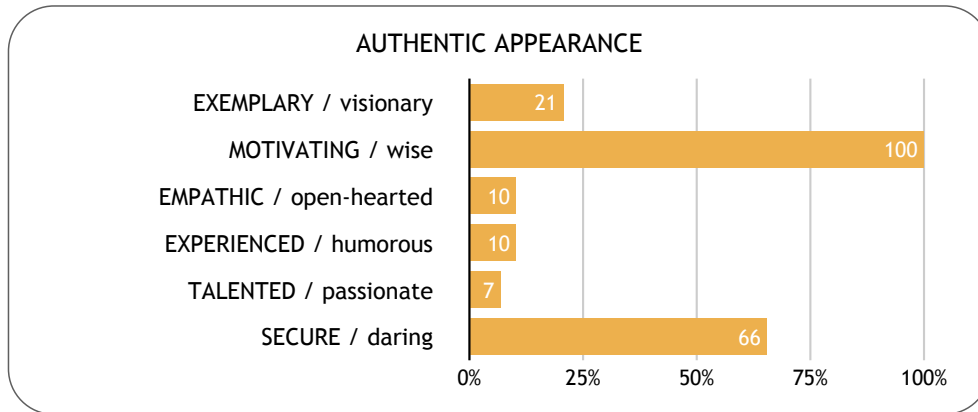


**Penta Aspects you contribute:**

Implementation (1), Capacity (14), Commitment (29), Structure (31), Overview (33)

## APPEARANCE

A person's appearance describes the characteristic trait that can be perceived by others and which results from unfolding one's personality authentically.

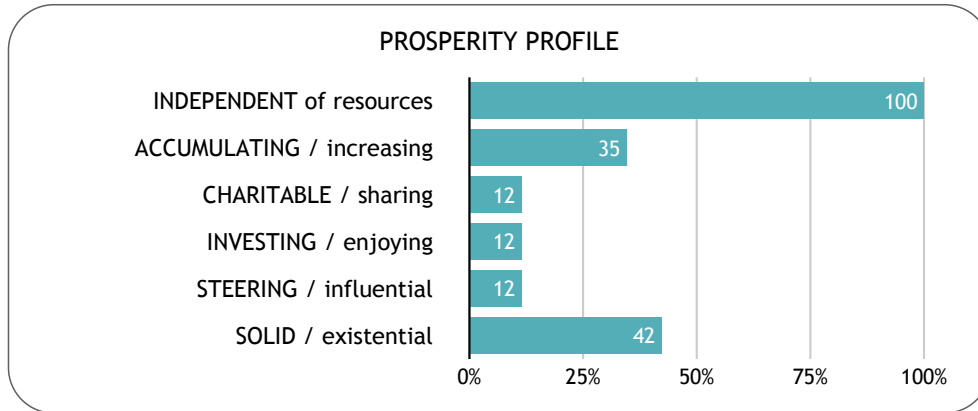


### LEGEND

- EXEMPLARY / visionary**      People who have this kind of charisma are authentic as they simply "do their thing", living up to their individuality. This may have an exemplary or even visionary effect on others.
- MOTIVATING / wise**      This charisma is based on the wisdom of what is virtually feasible and the ability to motivate others to follow a promising path.
- EMPATHIC / open-hearted**      This charisma will open the door to others. To approach one's neighbour with an open heart, perceiving and responding to their needs.
- EXPERIENCED / humorous**      This charisma is always connected to a certain humorous way of "being above things". Because only those will fail, who do not get up after falling down.
- TALENTED / passionate**      This charisma will present itself when a person passionately follows their talents and their specialization.
- SECURE / daring**      This confident charisma is based on creating or mastering the principles. This is why one can show courage and undertake bold ventures.

### PROSPERITY PROFILE

Material wealth, security and growth are among the basic needs of every man and woman, and rightly so. Still, they do not mean the same to everyone. Each person has their individual mode of how to master the material plane. This chart shows you how the different prosperity modes are defined in your life and how you can personally tap into the power of the material "flow".



### DEVELOPMENT SEQUENCE

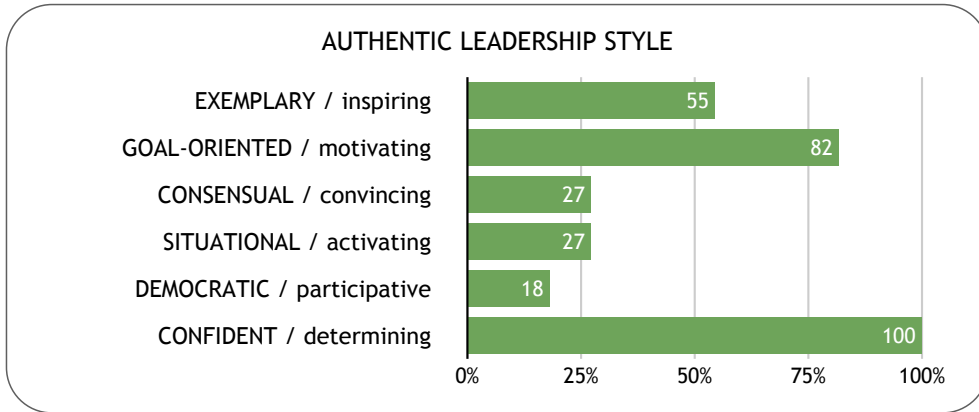
Talent	21.5	Dissemination
Cooperation	14.1	Autonomous
Appearance	31.5	Wise
Prosperity	1.6	Independent

### LEGEND

- INDEPENDENT** A master in the art of living likes to be free of material attachments. In this case "being in the flow" and "living from hand to mouth" is equivalent to material prosperity. Here, the focus is not on the accumulation of reserves, but on the basic principle of life to have exactly what is needed at any given moment.
- ACCUMULATION** Here, prosperity means gathering resources and building reserves. It will help one sleep better. These resources also lead to influence because others know about them. The rate between accumulating resources and spending them should be well balanced in order to avoid the danger of becoming closefisted.
- CHARITY** In this case prosperity is created through generously sharing with people who have less than oneself. Sharing for charitable reasons will make sure that resources keep being replenished. A strong social streak is useful to see who actually needs and deserves to receive one's resources.
- INVESTMENT** It is conducive to prosperity when the available resources are wisely invested. This may also go beyond personal means (e.g. in the form of loans). In this mode one can also generate income through skilful investments and a certain readiness to assume risks, while at the same time heartily enjoying one's life.
- STEERING** Here prosperity is created by steering resources that are not one's own. And yet, this is also the way to meet one's own material needs. It is not about having large personal resources, but about having an influence on how other people use theirs.
- SOLIDITY** Prosperity is created if one's material existence is secured and well established, if there are reserves available, if there is a good overview of income and expenditure, and no major risks are being taken. In this mode, one will rest easier if there are only few liabilities and one only spends what one has earned.

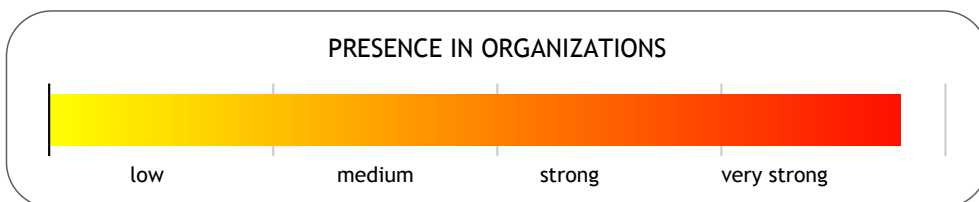
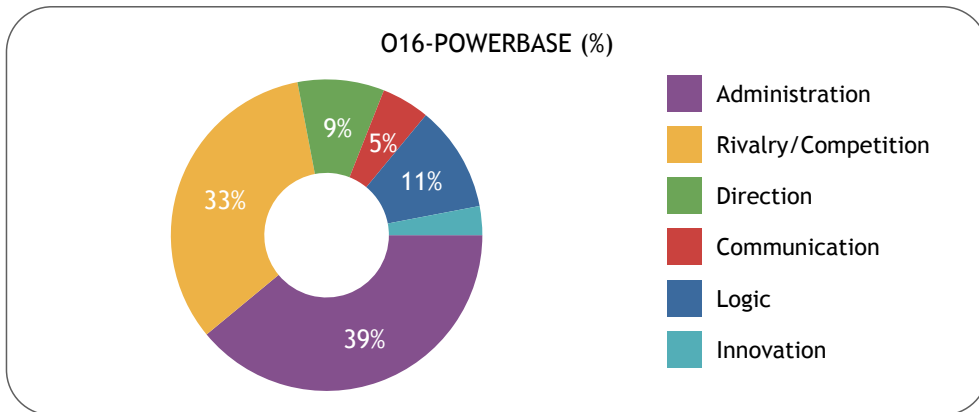
### LEADERSHIP STYLE

Nobody can lead like you do! This chart displays your authentic behaviour in management and the leadership style that will make others follow and trust you. This leadership style does not only refer to an active role, but also applies to the way you would like to be led yourself.



### IMPACT IN ORGANIZATIONS (>15 Persons)

This chart indicates the areas in which you will be most effective when working in a larger organization (starting with 16 people). The graphic also shows which should be the dominant Powerbase in an organization in order for you to be energetically supported in your leadership role.





## MISSION

*Every person is born with a certain mission, a certain "cross". In a manner of speaking, every human being has to carry their individual "cross". 64keys distinguishes between 768 crosses. The following text is an attempt to briefly outline your personal task.*

### The transpersonal Cross of the Alpha (2)

This mission is about leading, about assuming the role of the alpha individual and using my mental abilities to control the community during a new cycle of experience. It is a matter of processing inspiring questions and, in deep introspection, finding an individual truth. Equipped with a rational intellect and an instinctive alertness which remembers the successes and failures of the past, I know how to secure, but also control cooperation within the community. When I am formally authorized by the community to take over leadership, I am capable of assuming such leadership based on my inner attitude. This is about leading the community out of a cycle of reduction and point them towards progress. I have the ability to renew previous thinking again and again, in order to rationally explain which strategies and structures will lead into the future and provide intellectual answers to existential questions. Based on this mission I am a charismatic leadership figure, who is apparently able to always find the best solutions for society. Who knows how to motivate and express approval for those who follow, to structure communities and, at the same time, always considers the past as well as people's fears. Being a wise authority in my field, I may even be highly revered.

## PROFILE

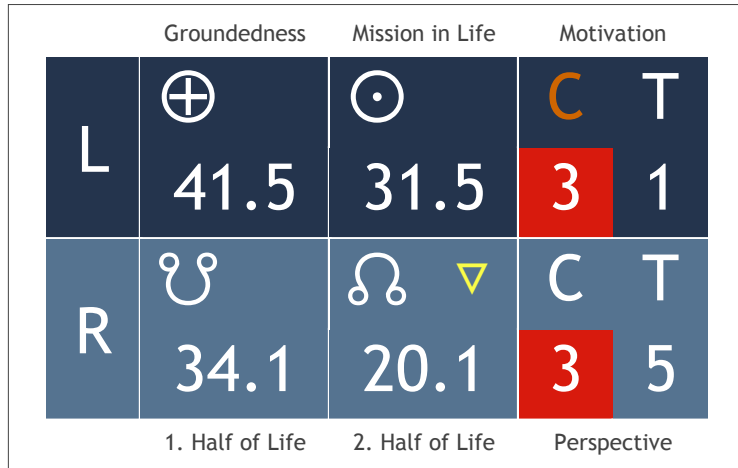
*While the life's mission describes your role in life, the mode represents your approach. Your profile (64keys distinguishes between 12 different profiles) also stands for the way your social life unfolds and the manner in which you approach the tasks in your life.*

### 5/1 Wise Authority "SAVIOR"

Because of my solid mastery of basic principles, I can offer practical solutions which benefit many people. I am interested in creating far-reaching and universal solutions.

MAGIC SQUARE

The Magic Square is meant to depict the "psychology" of your personality. This page needs the accompanying explanations of your 64keys consultant.



ROLE IN LIFE

COURSE OF LIFE

LIFE



MIND-RESONANCE WITH OTHERS

BODY RESONANCE WITH OTHERS

SPIRIT-RESONANCE WITH OTHERS

RESONANCE FIELD NODES

FOUNDATION OF MIND

IMPACT ON OTHERS

PERSONAL DEVELOPMENT

Basis  
5

PERSONAL S/E

## NOTE TO THIS ANALYSIS

The results of this Force Field Analysis are based exclusively on your birth data. For some parts of the analyses the precise time of birth is relevant and necessary. Should the time of birth used differ from the actual time of birth by more than 5-10 minutes, not all parts of the analysis are 100% reliable.

Of course, this report cannot replace personal analysis and counselling, as many nuances have to be examined with a view to all of the multifaceted levels of information. We hope that these pages will be useful for you. We look forward to addressing them in more detail, should you decide for a personal consultation.

### *Consultation with 64keys*

#### Private:

- Written Force Field Analyses
- Personal Development Coaching
- Money and Prosperity Coaching
- Partnership and Marriage Counselling
- Family Analyses and Counselling
- Counselling on the best possible advancement of children
- Health Counselling (recommended as of babyhood)

#### For your Work-Life:

- Analysis of Talents, Potentials and Personality
  - Career Coaching
  - Management Coaching
  - Recruitment Consulting

#### Sport:

- Team Analyses and Recruitment Consulting
  - Team Coaching
- Consulting for Training and Development

#### For consultations, please contact:

Your Name  
your-email@domain.com  
www.your-domain.com

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